



Art Gallery of Hamilton

AGH Yoga Health & Safety Protocols

AGH GENERAL:

- Visitors exhibiting symptoms of COVID-19 will not be permitted to visit the Gallery. You will be asked if you are exhibiting any symptoms upon your arrival.
- Upon arrival, there will be a hand sanitizing station where visitors will be required to sanitize their hands before entering the Gallery. There will be regularly placed sanitizer stations for your use throughout the Gallery.
- All high contact surfaces will be disinfected regularly.
- Elevators will have an occupancy limit of two people, physically distanced, or one household unit at a time. The North Stairwell will be available for use as an alternative.
- We have closed every other washroom stall to ensure the washrooms do not go over-capacity. If all available stalls are in use, please wait outside the washroom until someone exits.
- Personal protective equipment is strongly recommended, and masks will be available at Visitor Services should you require one.
- Visitors will be required to maintain a physical distance of 6 feet (2 metres) while in the Gallery. If a Gallery space is full and you are unable to maintain the required distance, please visit a different Gallery space until there is room for you to enter safely. Suggested room capacities will be listed on the Gallery Map.

YOGA SPECIFIC:

- No walk-in registrations will be accepted at this time. All registration and payment must be completed on-line at least 24 hours in advance
- The AGH will be closed on Wednesdays. There will be no access to the exhibition spaces, Shop at AGH or other facilities.
- Upon arrival, use the Summer's Lane entrance. Use the intercom button located to the left of the door to reach Security.

- When you arrive, give your name to the security guard at the front desk
- You will then be directed to the Pavilion. Go straight to the taped off spots in the studio. Place the top of your mat along the taped line.
- Please come to class no more than 10 minutes early.
- NO change rooms or lockers are available at this time. Please arrive dressed for class and keep all of your belongings with you. We recommend leaving all bags in your car or at home.
- Please bring your own yoga mat, blanket and any other required equipment as you will not be able to borrow equipment from the instructor
- Physical distancing of 2 meters apart will be practiced by everyone in class including the instructors. Please allow space for others when entering and exiting the room.
- Participants must wear a mask when entering, exiting or moving around the AGH. Once they are on their mats, then can remove their mask and place it beside their mat.
- Instructors will be wearing a mask and/or face shield.